



WEST HAVEN ACADEMY of KARATE **ACHIEVEMENT CENTERS** • www.whakonline.com
766 Orange Avenue
West Haven, CT 06516
203 • 932 • 5335

March 1, 2010

Dear Fellow Tang Soo Do Instructor / Parents and Practitioners:

I hope this letter finds you looking forward to the spring season. I would like to take this time to cordially invite you and your students to attend the **33rd Annual Ct. State Tang Soo Do Championships**. This year's event is being held **Saturday, May 22, 2010**. As in years past we will focus on making our tournament a safe, smoothly run professional event.

For the second straight year the championship will be held at the **Edith E. MacKille School Gymnasium**. Competition will begin at **9:00 A. M.** with all dan events. Gups should report to the gymnasium by 1:00 pm for gup forms and sparring competition. Since we know it can be a long day, special attention will be given to running children's divisions first. Our goal is to have the children's divisions completed by 3:00 P. M. and the entire tournament completed by 5:00 P. M.

Dan competitors will be given a chance to compete in **35 separate categories**, highlighted by 15 form, 8 weapon and 12 sparring divisions. Dan competition will culminate in the crowning of **six Grand Champions** in the following events: Adult forms, Junior forms, Adult Weapons, Junior Weapons, Women's Free Sparring and Men's Free Sparring.

In the gup divisions we have endeavored to give equal opportunity to men, women, children, and senior students of all ranks. We feel extremely confident that we have successfully met this challenge offering a total of **47 form divisions** and **38 sparring divisions**. **First through third place** will be awarded in forms, sparring and weapons divisions. Additionally, **every competitor** (regardless if they win or not) **will receive a special participation award** to commemorate their participation in this championship. These unprecedented opportunities for participants to enjoy good quality competition in a healthy and safe environment, have always positioned the Ct. State Tang Soo Do Karate Championships as one of the premier tournaments held in the state of Ct.

In addition, we will be conducting our **4th Annual Haidong Gumdo tournament** simultaneously with the CT State Tang Soo Do Championships.

Light snacks and beverages will be available to the public. I am asking all instructors to pre-register their students in advance. This procedure will go a long way in helping us to achieve our goal of starting this tournament promptly at 9:00 A. M., not to mention you will be able to take advantage of the **early bird savings** made available through pre-registration. Entries should be postmarked by **May 18, 2010** in order to participate in **pre-registration discounts** and to avoid cross-over between the mail and the tournament date. Of course, as a courtesy, we will continue to accept applications at the door. Let's work together and try to pre-register as many students as we can. As an added incentive I will be presenting the school with the largest pre-registration (other than the West Haven Dojang, of course) with a special award.

Enclosed you will find all the necessary information, forms, division sheets, and directions. If you have any questions, please call Kwan Jhang Nim Charles Ferraro, at **(203) 932-5335**.

With your participation and / or support we will achieve our goal of sponsoring another successful and injury-free tournament. I look forward to seeing you and your students in May.

Yours in Tang Soo Do,

***Turn over for directions**

Charles Ferraro, President / Founder
West Haven Academy of Karate, Inc.
Tang Soo Do Mi Guk Kwan

33rd Annual Connecticut State Tang So Do Championships
4th Annual Connecticut Haidong Gumdo Championships
Sponsored by Charles Ferraro and the West Haven Academy of Karate, Inc.
May 22, 2010 - Dan 9:00 am / Gups 1:00 pm

PLACE: Edith E. MacKrilie School, 806 Jones Hill Road, West Haven, CT., 06516 (See your Instructor for Directions)

Please return this form with proper fee to: **WHAK - 766 Boston Post Rd.. - West Haven, CT., 06516 - (203) 932-5335**
Early Bird entry (Pre-registration - if postmarked by May 18th, 2010): - \$50.00 for one, two or three categories
 Late Registration (at the door): - \$65.00 for one, two, or three categories

NAME: _____ **RANK:** _____

ADDRESS: _____ **CITY:** _____ **ST:** _____ **ZIP:** _____

PHONE: _____ **AGE:** _____ **SEX** _____ **HT:** _____ **WT:** _____

ADDRESS: _____ **CITY:** _____ **ST:** _____ **ZIP:** _____

INSTRUCTORS : _____ **STUDIO NAME** _____

Locate codes from codes on reverse side and fill in here, (dans must choose between either Chil Sung or Traditional form	
Forms: (code) _____	Sparring: (code) _____
Weapons: (codes) _____	Haidong Gumdo (code) _____

Amateur Athletic Release of Liability

In consideration of being allowed to participate in any way in the 33rd Annual Ct. State Tang Soo Do Championships, the undersigned or the parent or guardian of a minor child participant: Agrees to inspect, prior to participating, the facilities and equipment to be used, and if the participant believes anything is unsafe, he or she should immediately withdraw from the competition and refuse to participate. Further Acknowledges and fully understands that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their actions, inaction, or negligence of others, the rules of play, or the condition of the premises or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at the time. Agrees to assume all the forgoing risk and accept personal responsibility for the damages following such injury, permanent disability, or death. Releases, waives, discharges, and covenants not to sue the West Haven Academy of Karate, Inc., its affiliated clubs, the City of West Haven, the officials, instructors, sponsors, or other participants, all of which are hereinafter referred to as "releasees", from any and all claims demands, losses or damages on account of injury, including death or damage to property caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise.

WE HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT WE HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY.

_____ **Date**

_____ **Signature of Participant or Guardian under 18 years old**
 (Make all checks or money orders payable to West Haven Academy of Karate, Inc.)

<p>Gup Divisions - Beg.- White & Orange belts Int. - Green belts..... Adv. - Red belts Safety Equipment: foam hand, foot & headgear, mouth guard, groin cup for males <u>REQUIRED FOR ALL DIVISIONS</u> *See reverse side for divisions and code numbers</p>

Ind. Form Divisions, (1st, 2nd, 3rd)

Beg. (white, orange). Int. (green). Adv. (red)

Dan, (Blue, Blackbelt)

Men's / Women's Kodanja, (Master) (39)
Men's 1st Dan - Chil Sung Forms (38)
Men's 1st Dan - Regular Forms (37)
Men's 2nd and 3rd Dan - Chil Sung, Hwa Sung (36)
Men's 2nd and 3rd Dan - Regular Forms (35)
Women's 1st Dan - Chil Sung Forms (34)
Women's 1st Dan - Regular Forms (33)
Women's 2nd and 3rd Dan - Chil Sung, Hwa Sung (32)
Women's 2nd and 3rd Dan - Regular Forms (31)
Senior men - Any Form (30)
Senior women - Any Form (29)
Junior (13 - 15 yrs.) - Chil Sung (28)
Junior (13 - 15 yrs.) - Regular Forms (27)
Mini Junior (12 and under) - Chil Sung (26)
Mini Junior (12 and under) - Regular Forms (25)

Adult Forms Grand Champion - Women / Men

Jr. Dan Forms Grand Champion

Under Dan

Men's Advanced (24)
Men's Intermediate (23)
Men's Beginner (22)
Women's Advanced (21)
Women's Intermediate (20)
Women's Beginner (19)
Senior Advanced, (35 yrs. and over) - men / wm.) (18)
Senior Int., (35 yrs. and over) - men / women (17)
Senior Beginner, (35 yrs. and over) - men / wm.) (16)
Junior Advanced, (13-15) (15)
Junior Intermediate, (13-15) (14)
Junior Beginner, (13-15) (13)
Mini Junior Advanced, (11 + 12) (12)
Mini Junior Intermediate, (11 + 12) (11)
Mini Junior Beginner, (11 + 12) (10)
Pee Wee Advanced, (9 + 10) (09)
Pee Wee Intermediate, (9 + 10) (08)
Pee Wee Beginner, (9 + 10) (07)
Mini Pee Wee Advanced, (7 + 8) (06)
Mini Pee Wee Intermediate, (7 + 8) (05)
Mini Pee Wee Beginner, (7 + 8) (04)
Tiny Tots Advanced, (5 + 6) (03)
Tiny Tots Intermediates, (5 + 6) (02)
Tiny Tots Beginner, (5 + 6) (01)

WEAPONS - DANS ONLY

Adult Men - Traditional Weapons (81)
Adult Men - Open Weapons (81A)
Adult Women - Traditional Weapons (80)
Adult Women Open Weapons (80A)
Jr. Dan - (13-15) - Traditional Weapons (79)
Jr. Dan - (13-15) - Open Weapons (79A)
Pee Wee Dan - (12 and under) - Traditional Weapons (78)
Pee Wee Dan - (12 and under) - Open Weapons (78A)

ADULT WEAPONS GRANDCHAMPION

JUNIOR WEAPONS GRANDCHAMPION

Ind. Sparring Divisions, (1st, 2nd, 3rd)

Beg. (white, orange). Int. (green). Adv. (red)

Dan, (Blue, Blackbelt)

Men's lightweight, (145 and under) (77)
Men's middleweight, (146 - 170) (76)
Men's light-heavy, (171 - 190) (75)
Men's heavy, (191 and over) (74)
Women's light, (128 and under) (73)
Women's middle, (129 and over) (72)
MEN'S GRAND CHAMPION
WOMEN'S GRAND CHAMPION
Senior Men's Dan, (35 and over) (71)
Senior Women's Dan, (35 and over) (70)
Junior Boys Dan, (13 - 15) (69)
Junior Girls Dan, (13 - 15) (68)
Pee Wee Boys and Girls Dan, (11 + 12) (67)
Mini Pee Wee Boys & Girls Dan, (10 and under) (66)

Under Dan

Men's Advanced (65)
Men's Intermediate (64)
Men's Beginner (63)
Women's Advanced (62)
Women's Intermediate (61)
Women's Beginner (60)
Senior Men's Advanced, (35 and over) (59)
Senior Men's Intermediate, (35 and over) (58)
Senior Men's Beginner, (35 and over) (57)
Senior Women's Advanced - 4th gup - 1st gup, (35 and over) (56)
Senior Women's Beginner - 10th gup - 5th gup, (35 and over) (55)
Junior Advanced, (13 - 15) (54)
Junior Intermediate, (13 - 15) (53)
Junior Beginner, (13 - 15) (52)
Mini Junior Advanced, (11 + 12) (51)
Mini Junior Intermediate, (11 + 12) (50)
Mini Junior Beginner, (11 + 12) (49)
Pee Wee Advanced, (9 + 10) (48)
Pee Wee Intermediate, (9 + 10) (47)
Pee Wee Beginner, (9 + 10) (46)
Mini Pee Wee Advanced, (7 + 8) (45)
Mini Pee Wee Intermediate, (7 + 8) (44)
Mini Pee Wee Beginner, (7 + 8) (43)
Tiny Tots Advanced, (5 + 6) (42)
Tiny Tots Intermediate, (5 + 6) (41)
Tiny Tots Beginner, (5 + 6) (40)

Haidong Gumdo Competition

12 and under beginner - 10th - 6th gup (88)
12 and under advanced - 5th - 1st gup (87)
13 - 15 beginner - 10th - 6th gup (86)
13 - 15 advanced - 5th - 1st gup (85)
16 and over beginner - 10th - 6th gup (84)
16 and over advanced - 5th - 1st gup (83)
16 and over dans (82)

**Directions to Edith E. MacKille School
West Haven, CT**

From Points South (I-95)

1. North Bound I-95 – towards New Haven.
2. Take CT-162 (Sawmill Road Exit).
3. Turn right onto CT-162 (Sawmill Road) and continue to follow Sawmill Road.
4. Turn right onto Main Street / Jones Hill Road (CT-162) – (Dairy Mart directly in front of you). Continue to follow Jones Hill Road.
5. End at 806 Jones Hill Road (CT-162).

From Points South and West (I-84)

1. Take I-84E towards Danbury, CT.
2. Take Exit 11 towards CT-34 / Derby/New Haven.
3. Turn right onto Mile Hill Road.
4. Turn right onto CT-34 – Berkshire Road and continue to follow CT-34.
5. Turn right onto Roosevelt Drive / CT-34 and continue to follow CT-34E.
6. Turn right onto Racebrook Road / CT-114 and continue to follow CT-114.
7. Turn left onto Boston Post Road / Route 1 and continue to follow Route 1.
8. Turn right onto Meloy Road and continue to follow Meloy Road.
9. Turn left onto Sawmill Road (CT-162) and continue to follow Sawmill Road.
10. Turn right onto Main Street / Jones Hill Road (CT-162) – (Dairy Mart directly in front of you). Continue to follow Jones Hill Road.
11. End at 806 Jones Hill Road (CT-162).

From Points North (I-95)

1. Southbound I-95 towards New Haven.
2. Take CT-162 (Sawmill Road) and continue to follow Sawmill Road.
3. Turn right onto CT-162 (Sawmill Road) and continue to follow Sawmill Road.
4. Turn right onto Main Street / Jones Hill Road (CT-162) – (Dairy Mart directly in front of you). Continue to follow Jones Hill Road.
5. End at 806 Jones Hill Road (CT-162).

From points North (I-91)

1. Southbound I-91 towards New Haven.
2. Merge onto I-95 Southbound in New Haven.
3. Take CT-162 (Sawmill Road) and continue to follow Sawmill Road.
4. Turn right onto Main Street / Jones Hill Road (CT-162) – (Dairy Mart directly in front of you). Continue to follow Jones Hill Road.
5. End at 806 Jones Hill Road (CT-162).

****There will be “Karate” signs on telephone polls...look for them and follow them.***